

Great ways to spend \$300 in the Congo!

1. Emergency Medicine Education Project.

There is no formal Emergency medicine training in the Congo. If you were to collapse or have a cardiac arrest in the Congo you would most likely be treated with a bit of fanning, a prayer and maybe a bucket of water. Handup Congo is providing life saving resuscitation skills to Congolese Doctors and Nurses. The 3rd out of a planned 5 trips is planning to depart April 2017. Various volunteers will join Lucy and emergency medicine specialist Vera at different times. The budget shortfall at the moment is \$20K.

\$300 would help cover such expenses as :

- excess baggage costs to carry donated medical equipment from Sydney to the DRC
- scholarships for 3 doctors/nurses to attend Handup Congo's Emergency Medicine training
- honorarium for Congolese doctor to interpret at three training sessions
- hiring video crew in DRC to capture the training, for ongoing train-the-train sessions



2. Pygmy Orphan School Project – ducks, trees and tools



There are 106 Pygmy orphans in the very remote and extremely under resourced village of

Lotumbe in Equatorial Province. The Orphaned children have established their own innovative social enterprise to fund their education. The children want to raise ducks and grow fruit trees with the sale of the eggs and fruit going to the cost of their education. The children are aged 6-18, and most have never gone to school - EVER. Handup Congo is helping set these children up for success in an exciting project initiated and driven from within their own community. It is a sustainable project but needs a hand to get started.

The project needs a kick start to cover the following costs

- \$ 3.50 for tuition
- \$ 13.11 for school uniform
- \$ 3.50 for teacher's stipend
- \$ 7 for one duck
- \$ 1.50 for one fruit tree
- \$ 27 for shared garden tools

With a total project budget of \$5,500

- \$300 could buy 36 ducks and 35 trees to get the orphans started.

3. Lotumbe Library

Eight years ago the pre-school, primary and secondary schools in Lotumbe established their very first library, with 15 books. For many of the villagers, this was the first time they had ever seen a book! The books are not loaned out; they are too precious. Students and teachers must use them in the library.

- \$300 would enable the purchase of approximately 50 more books (based on the National Government's educational syllabus prioritizing the areas of Religion, Science, Math, French, English, Geography, or History).



4. Food security and environment management project

Lotumbe's Youth Development Association is made up of 60 members including widows and single mothers seeking to establish a palm plantation project in order to fight deforestation and use palm nuts for food.

- \$300 will purchase enough palm trees to be planted over 5 hectares.
- In addition, the association seeks to purchase 60 machetes, 6 axes, 10 grass cutting knives, 28 spades, 23 hoes, and 10 watering cans (\$1150 is needed to support this)



Selling palm nuts and pineapples

5. Beekeeping in the Congo

Establishing beekeeping in Lotumbe, Equateur Province provides the following benefits:

- reforestation of delicate and vitally important forests (this area is home to the world's second largest rainforest, rapidly dwindling due to displaced refugees cutting down trees for shelter and cooking fuel.
- an income source for Pygmies, traditional forest dwellers who must adapt to new living conditions

\$300 could almost buy -

- 2 bee suits & gloves \$158
- A smoker and \$40
- 3 hives \$156

- \$300 can also hire a canoe to sell honey at local riverside markets (\$50 per day=6 sales trips)



Thank you for considering supporting these projects

